

# B.D. COLLEGE, PATNA

(A CONSTITUENT UNIT OF PATLIPUTRA UNIVERSITY, PATNA)



Office of the Principal

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## NOTICE

All students and faculty members are hereby informed that an Inner Engineering Program from ISHA Foundation will be organized in the college premises from 20th April to 27th April.

**Venue:** Room No.8, College Campus

The program is designed to support well-being, helping participants manage stress, improve focus, and enhance overall personal and academic performance.

### Program Details:

- **Duration:** 8 days (20th – 27th April)
- **Sessions:** Daily sessions of approximately 2.5 hours
- **Batches:** Morning and Evening (participants may choose either)
- **Sunday:** Full-day session

### Participation Charges:

- Participants below 25 years of age: No Charges (Free for students)
- Participants above 25 years of age: ₹2000 (Subsidised Rate)

All interested students and faculty members are encouraged to participate and make the most of this opportunity.

### Registration & Updates:

Follow this link to join the WhatsApp group:

<https://chat.whatsapp.com/EQFIRbNej1N7kT4iq1odY3>

For any further information, please contact the college administration.

*Ratna Amrit*

01/04/26  
Prof. Ratna Amrit

Principal

B.D. College, Patna

**PRINCIPAL**

**B.D. COLLEGE, PATNA**